



P-ISSN : XXXX-XXXX
E-ISSN : XXXX-XXXX

HEALTH SYSTEM AND MEDICAL JOURNAL

VOLUME 1 NO 1 MAY 2025



Published by:

CV. MEDINSIGHT PUBLISHING

Address : Citra Land Palembang Ruko Ruby 2A/01 Jalan Mayjen Yusuf
Singedekane, Desa/Kelurahan Keramasan, Kec. Kertapati, Kota Palembang, Provinsi Sumatera Selatan,

Nomor : AHU-0005947-AH.01.16 Tahun 2025

Telp : 085789725020 Email : medinsightpublishing@gmail.com

THE HEALTH SYSTEM AND MEDICAL JOURNAL
VOLUME 1 NO 1 MAY 2025

FOCUS AND SCOPE OF THE JOURNAL

Health System and Medical Journal is a peer-reviewed and open access journal dedicated to publishing high-quality research, reviews, and scientific articles in the fields of health systems, medical sciences, and health care management. It serves as a platform for researchers, health care professionals, policy makers, and academics to explore innovations, challenges, and best practices in medical and health systems worldwide.

Articles published in the Health System and Medical Journal include original scientific research results (top priority), new scientific review articles (non-priority), or comments or criticisms of existing writings in the Health System and Medical Journal. The Health System and Medical Journal accepts manuscripts or articles in the fields of management science, business, and entrepreneurship from various academics and researchers both nationally and internationally.

Articles published in the Health System and Medical Journal are articles that have gone through a review process by peer reviewers. The Health System and Medical Journal only accepts articles that originate from original research results (main priority), and new scientific review articles (non-priority). The decision to accept or reject a scientific article in this journal is the right of the Editorial Board based on recommendations from peer reviewers.

JOURNAL INDEXATION INFORMATION

Health System and Medical Journal E-ISSN number: XXXX-XXXX and P-ISSN: XXXX-XXX; healthsystemmedjournal.org is a peer-reviewed journal that is planned to be indexed in several reputable indexers, including: Google Scholar; Garuda Rujukan Digital (GARUDA); Copernicus; Dimensions; Connecting Research and Researchers (ORCID); DOI Crossref.



GARUDA
GARBA RUJUKAN DIGITAL

I^{WORLD} J^{of} JOURNALS



Dimensions

ORCID
Connecting research and researchers



Crossref **doi**

THE HEALTH SYSTEM AND MEDICAL JOURNAL
VOLUME 1 NO 1 MAY 2025

Editor in chief

Prof.Dr.Fachmi Idris, M.Kes, Fakultas Kedokteran, Universitas Sriwijaya

Member of the Editorial Board

Prof. Dr. dr. H. Mohammad Zulkarnain, M.Med, Sc, PKK,

Fakultas Kedokteran, Universitas Sriwijaya

Dr.dr.Rudyanto Soedono, SpAn, Fakultas Kedokteran, Universitas Indonesia

Dr.Veli Sungono, M.S, Fakultas Kedokteran, Universitas Pelita Harapan, Indonesia

Dr.Siti Rahayu Nadhiroh, SKM., M.Kes, Universitas Airlangga, Surabaya

Dr. dr. Raden Ayu Tanzila, M.Kes Fakultas Kedokteran, Universitas Muhammadiyah Palembang

Reviewer

Drg.Adi Kurniawan, MM, Community Health Center Harapan, Papua

Resy Amalia, SKM., M.Kes, Fakultas Kedokteran, Universitas Muhammadiyah Palembang

Dr.RM.Aziz, Mars, Fakultas Kedokteran, Universitas Sriwijaya

Dr.Esti Sri Ananingsih, SKM., M.Kes, Poltekkes Kemenkes Palembang

Dr.Iche Andriyani Liberty, SKM., M.Kes, Fakultas Kedokteran, Universitas Sriwijaya

Jafar Arifin, SKM., M.K.M fakultas Kesehatan masyarakat universitas sriwijaya

dr. Fildzah Hashifah Taufiq, M.KM fakultas Kesehatan masyarakat universitas sriwijaya

Publisher:

CV MEDINSIGHT PUBLISHING

Citra Land Palembang Ruko Ruby 2A/01

Mayjen Yusuf Street Singedekane, Keramasan Village, Kertapati District,

Palembang City, South Sumatra Province, 30259.

THE HEALTH SYSTEM AND MEDICAL JOURNAL
VOLUME 1 NO 1 MAY 2025

FOREWORD

Health System and Medical Journal is a peer-reviewed and open access journal dedicated to publishing high-quality research, reviews, and scholarly articles in the fields of health systems, medical sciences, and health care management. It serves as a platform for researchers, healthcare professionals, policy makers, and academics to explore innovations, challenges, and best practices in medical and health systems worldwide.

Reviewers assess originality, clarity of presentation, and contribution to the field/science. This journal publishes research articles, review articles/literature reviews, case reports, and concept/policy articles in all fields of health systems science, medical science, and health care management. Articles that will be published are original works and have never been published before. Submitted articles will be reviewed by a team of reviewers from both internal and external sources.

The Editorial Board will continue to strive to improve the quality of the journal so that it can become one of the important references in the development of science. Deepest appreciation and thanks to Mitra Bestari together with members of the Editorial Board and all parties involved in publishing this journal.

Regards,

Chief Editor

THE HEALTH SYSTEM AND MEDICAL JOURNAL
VOLUME 1 NO 1 MAY 2025

LIST OF CONTENTS

Focus, Scope and Journal Indexing Information	I
Editorial Team	II
Foreword	III
List of contents	IV
 Stenosis Aorta Supravalvular Cause Mass Aorta Supravalvular	 Hal 01-07
Zayd Abdul Aziz, Yudhi Aunt	
 Prevalence and Risk Factors Of Pediculosis Capitis n Elementary	 Hal 08-18
School Children: A Systematic Review	
M. Bima Zulfikar, Pariyana Pariyana , Nina Melita	
 A Cortisol dynamics in the elderly: Systematic Review	 Hal 19-30
Abrar Rosyad Pradipta, Mariana Mariana , Fachmi Idris	
 The Relationship of Characteristics to the Mental Health of	 Hal 31-39
Prospective Hajj Pilgrims in Palembang City	
Emma Novita, Sri Mulia	
 Effect Of Kegel Exercises On Changes In Incontinence in The	 Hal 40-45
Elderly At The Tresna Werdha Teratai Social Association	
Esti Sri Ananingsih, Ririn Ristiana , Lily Suhairy	